

Barnsley Academy – Year 9 PSHE and RSE Curriculum Overview

Autumn Term – Living in the Wider World				Spring Term – Health and Wellbeing				Summer Term – Relationships and Sexual Education			
Class Focus		Votes for Schools Theme	Awareness Days	Class Focus		Votes for Schools Theme	Awareness Days	Class Focus		Votes for Schools Theme	Awareness Days
Week 1		Culture, Media and the Arts	Zero Waste Week <i>Second Hand September</i>	Week 1 *	Routines for Mental Wellbeing: Connecting with Others <i>To recognise how connecting with others, being part of a community and volunteering can increase your mental wellbeing and help you develop coping strategies.</i>	Health and Wellbeing	Big Schools Birdwatch <i>Veganuary - Jan</i>	Week 1 *	Minding Myself and Others – Respectful Relationship Behaviours <i>To understand that relationships change as you grow up, what values you find important in a relationship and what a healthy romantic relationship is.</i>	Environment & Climate Change	Earth Day (22 nd) Stephen Lawrence Day (22 nd) St George’s Day (23 rd) Stress Awareness Month - April
Week 2 *	Living in the Wider World - How does my character determine my actions? <i>Reflecting on how your character and values influence how you behave.</i>	Jobs, Economy and Education	Fairtrade Fortnight World Suicide Prevention Day (10 th) End Digital Poverty Day (12 th) <i>Second Hand September</i>	Week 2		Culture, Media and the Arts	World Religion Day (15 th) <i>Veganuary - Jan</i>	Week 2		Jobs, Economy and Education	International Workers’ Day (1 st) <i>Local Community & History Day - May</i>
Week 3		Science and Technology	Fairtrade Fortnight International Day of Democracy (15 th) <i>Second Hand September</i>	Week 3 *	Mental Wellbeing – Mental Health Coping Strategies <i>To learn about healthy and unhealthy coping strategies and to know how to seek help for yourself or others, including self-destructive behaviours.</i>	Jobs, Economy and Education	Martin Luther King Day (20 th) International Day of Education (24 th) <i>Veganuary - Jan</i>	Week 3 *	Minding Myself and Others – Unhealthy Relationship Behaviours <i>To know the characteristics of abusive behaviours such as violence, exploitation and coercive control, how to recognise and report these and how to access support.</i>	Community and Charity	VE Day (8 th) <i>Local Community & History Day - May</i>
Week 4 *	Living in the Wider World - To what extent can rights conflict? <i>Understanding that not all rights are absolute and may have to be balanced with others’ rights.</i>	Environment & Climate Change	Recycle Week International Day of Peace (21 st) European Day of Languages (26 th) <i>Second Hand September</i>	Week 4		Crime, Justice and Extremism	Holocaust Memorial Day (27 th) Chinese New Year (29 th) <i>Veganuary - Jan</i>	Week 4		Health and Wellbeing	Nurses’ Day (12 th) International Day Against Homophobia & Transphobia (17 th) <i>Local Community & History Day - May</i>
Week 5		Equalities and Identity	International Day of Older Persons (1 st) National Poetry Day (3 rd) <i>Black History Month (October)</i>	Week 5 *	Unhealthy Coping Strategies: Gambling <i>To understand the risks and consequences of online gambling, including using it</i>	Health and Wellbeing	World Interfaith Harmony Week Children’s Mental Health Week World Cancer Day (4 th) Rosa Parks Day (4 th)	Week 5 *	Boundaries – Freedom and Capacity to Consent <i>To know the law relating to sexual consent, how to seek and give consent in all contexts and to understand when consent cannot</i>	Voters’ Choice	World Day for Cultural Diversity, Dialogue and Development (21 st) <i>Local Community & History Day - May</i>

					<i>as an unhealthy coping strategy.</i>		Time to Talk Day (6 th) LGBT History Month Heart Month - February		<i>legally be given (age, alcohol, drugs).</i>		
Week 6 *	Living in the Wider World - Is there a limit to freedom of expression? <i>To understand the difference between freedom of expression and hate speech.</i>	Crime, Justice and Extremism	World Space Week National Hate Crime Awareness Week World Mental Health Day (10 th) International Day of the Girl (11 th) Black History Month (October)	Week 6		Science and Technology	Safer Internet Day (11 th) International Day of Women and Girls in Science (11 th) Red Hand Day for Child Soldiers (12 th) Valentine's Day (14 th) LGBT History Month Heart Month - February	Week 6		Environment & Climate Change	Volunteer Week World Environment Day (5 th June) World Ocean Day (8 th June) Pride Month – June Gypsy, Roma and Traveller History Month - June
Week 7		Health and Wellbeing	World Food Day and Anti-Slavery Day (both 18 th) Black History Month (October)	Week 7 *	Dependence and Addiction <i>To evaluate misconceptions, social norms and cultural values relating to drug, alcohol and tobacco use including prescription drugs and preventative strategies</i>	Global Issues and Politics	International Mother Language Day (21 st) LGBT History Month Heart Month - February	Week 7 *	Responsible Relationships – The physical and emotional consequences of sexual intimacy <i>To know the legal age of consent, the ability and capacity to give or withdraw consent and why it is important to practise safer sex including through contraception. To understand that sexual intimacy can generate both physical and emotional consequences.</i>	Culture, Media and the Arts	World Day Against Child Labour (12 th) Pride Month – June Gypsy, Roma and Traveller History Month - June
Week 8 *	Living in the Wider World - How does social media and technology influence our democracy? <i>To understand the dangers of social media, deep fakes and disinformation on the democratic process.</i>	Global Issues and Politics	UN Day (24 th) Black History Month (October)	Week 8		Jobs, Economy and Education	National Careers Week World Book Day (6 th) International Women's Day (8 th) Women's History Month - March	Week 8		Global Issues and Politics	16-20 June Refugee Week Juneteenth (19 th) World Refugee Day (20 th) Pride Month – June Gypsy, Roma and Traveller History Month - June
Week 9		Community and Charity	Diwali (1 st) International Day Against Violence and Bullying at School (2 nd) Islamophobia Awareness Month - Nov	Week 9 *	Financial and Criminal Exploitation (Gangs) <i>To understand how negative peer influence can affect your physical and financial safety, including knife crime, county lines and criminality.</i>	Community and Charity	Young Carers Action Day (16 th) Women's History Month - March	Week 9 *	Media Influences: Influences on Relationships and Sexuality (Pornography) <i>To understand the dangers of viewing harmful sexual content (attitudes and behaviour towards others) and how sexually explicit material provides a distorted view of intimacy.</i>	Equalities and Identity	Windrush Day (22 nd) Pride Month – June Gypsy, Roma and Traveller History Month - June

Week 10 *	Living in the Wider World - What does your online profile reveal about you? <i>To understand that what you post online is never private. (Riots – TikTok etc used by police to convict/track etc)</i> Anti-Bullying Week 2024: Choose Respect	Equalities and Identity	Armistice Day Anti Bullying Week World Kindness Day (13 th) Children in Need (15 th) <i>Islamophobia Awareness Month - Nov</i>	Week 10		Equalities and Identity	St Patrick's Day (17 th) Global Recycling Day (18 th) International Day of Happiness (20 th) World Poetry Day (21 st) International Day for the Elimination of Racial Discrimination (21 st) <i>Women's History Month - March</i>	Week 10		Community and Charity	Plastic Bag Free Day (3 rd) <i>Plastic Free July Samaritans Awareness Raising Month</i>
Week 11		Global Issues and Politics	Road Safety Week UK Parliament Week International Men's Day (19 th) <i>Islamophobia Awareness Month - Nov</i>	Week 11 *	Active Citizenship Project <i>To present the termly Active Citizenship Project and to reflect on its effectiveness.</i>	Crime, Justice and Extremism	World Water Day (23 rd) <i>Women's History Month - March</i>	Week 11 *	Active Citizenship Project <i>To present the termly Active Citizenship Project and to reflect on its effectiveness.</i>	Crime, Justice and Extremism	<i>Plastic Free July Samaritans Awareness Raising Month</i>
Week 12 *	Living in the Wider World - How can intolerance lead to extremism? <i>To understand how radicalisation happens.</i>	Environment & Climate Change	National Tree Week International Day for the Elimination of Violence Against Women (25 th) <i>Islamophobia Awareness Month - Nov</i>	Week 12		Culture, Media and the Arts	International Transgender Day of Visibility (31 st) <i>Women's History Month - March</i>	Week 12		Voters' Choice	<i>Plastic Free July Samaritans Awareness Raising Month</i> South Asian Heritage Month (18 th July – 15 th August)
Week 13		Science and Technology	International Day of Persons with Disabilities (3 rd) International Volunteer Day (5 th) Day of Hope (7 th)	* = Week of PHSE & RSE (one lesson French, one lesson PSHE & RSE) No * = Two lessons of French only							
Week 14 *	Living in the Wider World - Active Citizenship Project <i>To present the termly Active Citizenship Project and to reflect on its effectiveness.</i>	Voters' Choice	Human Rights Day (10 th)								
Week 15		Community and Charity	International Human Solidarity Day (20 th)								
Assessment/Homework	<p>Throughout the term, students complete their Active Citizenship Project designed to address or improve an issue they feel strongly about in our society. Students are given a grade between 1-4 based on both their group contribution and individual personal reflection. The success criteria can be found in the PSHE & RSE Curriculum Guide and is visible to all students in lessons.</p> <p>The project is broken down into stages to support with student planning:</p> <p>Stage 1: Identify an issue, form a team and carry out initial research. Stage 2: Undertake primary research. Stage 3: Represent their own and different points of view. Stage 4: Plan the action. Stage 5: Apply skills of collaboration, negotiation and influence whilst delivering the activity. Stage 6: Critically evaluate the learning and impact of the action.</p> <p>As well as aiming to develop teamwork, communication and reflection skills, the Active Citizenship Project is designed to support students' understanding and delivery of the required project in GCSE Citizenship.</p>										

In class white board checks

Messy mark book data used for Do Nows and assessment for CtG.

Circulation and live marking under the visualiser used to CtG live in lesson and inform messy mark books.

of two

** = week of PHSE & RSE therefore one French lesson instead*